

PETER SCHILLING

2016

THE YEAR OF SOARING

NUMEROLOGY GUIDE FOR
THE ENERGIES OF YEAR 2016

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**NUMEROLOGY GUIDE FOR THE
ENERGIES OF YEAR 2016**

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THE STORY OF THE CONSTANT GROWTH OF YOUR LIFE

You live your life in the intersection between the constant transformation of the energies within you and around you. The energies you were born with show you who you are and what your mission is in this world. They also define your path, point out your strengths and weaknesses, and provide an emotional balance. When you find and accept this balance, you'll finally become happy.

The biggest challenge in your life is to understand the workings of the energies within you. You can't change this energy, but you can distort it and suppress it if you want to live according to the expectation of the external world. The most important thing is to understand yourself through your thoughts, feelings, and actions. It's no coincidence that you think, feel and act the way you do. You can't change who you are just to meet the expectations of others.

Discovering and understanding your energies is a lifelong journey. There will be an interaction between the energies within you and the constantly transforming energies around you. This interaction will throw challenges in your way so that you can see and understand your energies from different angles.

EACH PERIOD HAS ITS OWN ENERGY THAT HAS AN
IMPACT ON EACH STEP YOU TAKE

Each moment carries a special challenge, as well as a unique energy that's bound to converge with your energy. The two energies will create a special vibration, giving you a task. In this book, I'll show you what energies the year 2016 will bring into your life and what learning curves they offer.

Every year sets new challenges. Every month brings new emotional challenges into your life so that you can grow. If you accept this fact, this journey will be joyful, full of experiences and excitement. If you reject it, you'll only keep bouncing into problems and hardships. My goal is to show how you can prepare for the challenges each month poses and how you can easily deal with the challenges of the year 2016.

YOU CAN BE HAPPY EVERY SECOND IF YOU CHOOSE TO BE HAPPY

There are no good and bad times. Fate never punishes you. No one was born to be unhappy. If you're unhappy, it means that you're not aware of your energies and you reject the challenges they pose. The second you accept these challenges, however, an exceptional power will stir within you, making you capable of finding solutions. The effort you put into solving challenges ensures your personal growth, making you happy every day.

You'll never find happiness where comfort and security resides. These two words are the biggest reasons for your misery. If you want to be happy, you need to get up from your comfy armchair and do the task that the energy of the day demands. Making an effort is the only way you can reach the satisfaction, emotional balance and happiness you seek. In this book, I'll give you reaffirmation and guidance so that you can learn what challenges await you each day. Should you find yourself feeling unsure, just open this book and you'll know what to do if you want your life to go in the right direction.

HAPPINESS ALWAYS STARTS WITH HARDSHIPS

An extraordinary time began in my life in the year 2002. That year was probably the saddest, most difficult year in my life. I was working as a software engineer at an IT company. You could say “but he had everything so he must have been happy!” But I wasn’t. Although I made great money, my workplace was excellent, and I had a partner with whom I shared a neat little house, still, I was unhappy.

I used to wake up feeling pressure in my chest. I went to work feeling anxious and I went home feeling anxious. I couldn’t find my place even though I wanted to get settled into my life. I wanted to find myself in the things and among the people with whom I was spending the majority of my time, but I couldn’t.

At age twenty-five, I realized that I had anxiety disorder, but I didn’t want to be medicated. I wanted to understand what was happening to me, so I started browsing the Internet. I wanted to learn something; something different than what I used to. That’s when I found an alternative university, with courses on astrology and other spiritual topics. After giving it a short consideration, I enrolled since I wanted to find a solution to my problems. I wanted to change and I wanted to find my place in life.

THE SOLUTION OFTEN COMES FROM WHERE YOU LEAST EXPECT IT

Right on the very first day of school we had a class called Archetypology. The aim of the class was to get to know the system of human consciousness, through which we could get a better understand of how to search for happiness.

The topic of the first class was numerology and we made a few calculations, revealing the number of our mission. I got the number 7, which is the number of helpers, healers, and teachers.

Soon I understood that I had been trying to force myself to do a job I wasn't meant to do; a job that wasn't in harmony with my mission. This was the reason why I hadn't been feeling good in my skin. I continued my studies and eventually I realized that it was not myself I had to change but my circumstances.

During one of the following sessions, we moved onto the next step of numerology and I got to learn about personal cycles. This lesson taught me that the energies around us are in constant motion. I realized that if I understood and followed this motion, it would help me get out of the hell I had been living.

YOU GET HELP EVERY SECOND ALONG THE WAY

I decided to do an experiment with my life. I started watching myself, and the ever-changing energies around me. With the help of numerology, I calculated the energies of the upcoming times and prepared for the challenges ahead. And then something happened that caught me off guard. On the first week of January when I went back to work, I was greeted by a surprise. It turned out that there had been layoffs at the company and I was among those being let go.

Since I had been paying attention to the energies, I knew an unexpected turn of events was coming. The number of my Personal Year was the number 5, which is full of abrupt changes. I also knew that the changes that the number 5 brings about always turn events in a good direction, so I didn't fall into despair when I was laid off. I accepted the challenge head on and found a job soon. My new job allowed me to lead a less stressful life, so I had more energy to spend on focusing on my studies and my research.

I laid down the foundations of my new profession in the following one and a half years. That's when I made my first numerology website and was asked to participate in a radio show which changed the course of my life for good. Thanks to the radio waves, hundreds of thousands of people heard of me.

I was having such a phenomenal time that it immediately dawned on me what I wanted to do with my life. I decided that I wanted to teach; I wanted to help people by sharing my realizations. This recognition came about because I had been paying attention to the energies and I trusted them. I had accepted the challenges and instead of changing myself, I had changed my life.

YOUR TIME HAS COME

This is your moment, this is your opportunity to find your energy and to understand and accept the challenges. The upcoming year provides great opportunities to discover that extraordinary power that slumbers within you. With the help of this book, you can gain courage for the upcoming steps, however tough they may be.

I can't promise that there won't be tough times in your life. I can't promise that you don't have to do a thing to reach this transformation. However, I can guarantee that the encouraging messages of this book will stay with you along the way and you can turn to them if you need help.

The biggest challenge of path-seekers is to have enough courage to accept who they are. This book provides encouraging guidance for the upcoming twelve months by shedding light on future hardships and by pointing out the opportunities hidden in them. While reading the book, you'll feel as if I was standing beside you, holding your hands.

Don't forget that the book doesn't make decisions for you. The responsibility to take the necessary steps is always yours. You need to make decisions on your life and you need to take whatever risk they entail. If you're brave enough, this book will point out the fantastic energies of the upcoming year, which will show you how to gain the courage to soar.

HOW TO READ THIS BOOK?

This book is so much more than the traditional yearly horoscope books. This guide will introduce you not only your monthly energies, but it'll also be giving you practical advice so that you can accept the energies of the given time. If you learn to cooperate with the current energies, you won't have to swim against the tide, thinking why you can never make things work.

THIS BOOK OFFERS YOU A PLAN FOR PERSONAL GROWTH

Each year has a learning curve, which is a plan for personal growth that can be repeated through the symbols of the numbers. They offer you guidance on what you need to pay attention to in the given year. If you read this book every single month, taking its guidance into consideration while doing your practical tasks, I'm sure your confidence will start soaring. No longer will you have to blame yourself for anything. Things happen so that you can learn from them, not because life wants to punish you.

I suggest that you read the book from cover to cover at the beginning of the year so that you can see the big picture. Don't just read; take notes! Observe the feelings that each chapter stirs up and write down your observations. If a certain month makes you tense, it means that you'll have more work to do there, so prepare for the upcoming challenges!

HOW TO MAKE THE MOST OUT OF THIS BOOK?

Don't put this book on the shelf. Open it every month and read the first chapter pertaining to yearly energies, as well as the chapter on the energies of the previous month and the following month.

You must keep re-reading the messages of the energies of the year 2016 so as to remind yourself of your most important task. You must review the energies of the previous month so that you can understand what happened to you. You need to read the guidance for the following month so that you can prepare for what lies ahead.

Keep the book at hand if you can. Put it on your nightstand, for example. If you experience anything unusual or if you simply don't understand what's happening to you or why it's happening, then you might get guidance by reading about the current energies. If you feel you've hit an emotional rock bottom, the monthly energies will help you understand what's happening and why.

HAVE A HAPPY SOARING AND WONDERFUL
JOURNEY FOR THE YEAR 2016!

2016

THE YEAR OF SOARING

FOLLOW YOUR STAR

Last year you spot a star in the sky and it burned into your memory. You can still see it even when you close your eyes. This star is the last thing you see before going to sleep and the first thing you see after waking up. This star dwells in your heart, guiding each and every step you take, telling you not to lose sight of the most precious dreams you have.

Your passionate, personal goal that embraces your body and your soul lives in your heart and has been calling you since you were born. It always assumes a different appearance, but it remains the same at the core. When you ask yourself what it is that you're yearning for more than anything, you get the answer right away. Even though the fire of this dream is burning inside you, trying to get you to answer its calling, sometimes you're still too scared to admit to yourself what this dream really is.

YOU'VE RECEIVED AN URGENT INVITATION FROM THE FUTURE

This calling appeared in your life so intensively last year, urging you to act upon it that you can no longer keep denying it. It's there in your eyes, in your movements, in your words. Step in front of a mirror and take a look into your own eyes. You'll see the fire that keeps burning stronger and brighter by the minute. The light of your star is now dancing in your eyes, telling you that you can no longer ignore the calling that you've accepted once and for all.

You can't decline this invitation. This calling comes from your past: you sent it to yourself, defying the boundaries of time and space. This calling shows you the wonderful, potential version of a future that you can create. This future is your reward if you're able to leave behind the heavy baggage you've been hauling.

IT'S TIME TO SPREAD YOUR WINGS

It's time to turn your attention to the sky and re-discover the star that has taken a myriad of different shapes throughout your life so far. It's time for this little star not to just keep on flickering on the sky, but to illuminate your entire life. Your star keeps calling you impatiently, but in order for you to meet it, your feet need to leave the stable ground behind. It's time to answer the calling of your star so go look for a little hill and jump up high, spread your wings, and soar towards your star.

But you won't be able to fly if there are heavy burdens tied to your ankles, trying to drag you down. You can't take anything with you from the past. Everything that's happened is being transformed into a tremendous power in your heart, and it keeps nourishing your wings. You'll need this power in order to rise. The more past experiences you convert into inner power, the smaller the burdens will be and the stronger your wings will become.

SEE AND FEEL THE TREMENDOUS POWER SLUMBERING WITHIN YOU

See and feel that every movement of your life is significant and possesses a tremendous power. See and feel that every single event of your life has been preparing you for this moment, so that you can gather all your strength to soar. See and feel that these events weren't sacrifices but long and successful processes to prepare you for what's coming. See and feel the huge wings on your back that feed on the experiences you've gained and the power resulting from them.

Celebrate the fact that you can finally strengthen your wings. Now is the perfect moment. It couldn't have happened at a better time and under better circumstances. The timing is just perfect. All these events possess wisdom and they keep adding up. It's time to forgive yourself. Everything is the way it's supposed to be. You've taken all your steps to the best of your knowledge. It's time to recognize your achievements and celebrate yourself.

THERE'S NEVER BEEN A BETTER TIME TO BE ALIVE
AT ON THIS PLANET

The future holds wonderful things for you. The most exciting period of your life is about to start when all that's happened will finally make sense. It's privilege that you're alive in this amazing time of humanity when everything is about to change. This change will demand slow and arduous work from everyone involved. I know you've already made a lot of sacrifices, but nothing has been in vain! Each step you've taken has greatly contributed to this miracle.

Earth will soon enter a new era. Every single person who can recognize and accept their destiny to soar and follow their star will be needed. You gain the ability to soar not to leave your earthly existence behind, but to take others along this amazing journey and show them the exceptional power slumbering within them. We're all soaring souls on this planet, but some of us have forgotten that. Your mission is to remind them of it by allowing them to see your wings and your ability to use them.

YOU RADIATE WISDOM

Be an example to follow. Each step you take should serve as an example, inspiring people to build the world you wish to see around you. Awakening souls will perceive you as children perceive their parents. They will follow your words and your actions. Whatever you do will be the law. Be conscious of the fact that with every word and action of yours, you're creating a new reality for the awakening generation with new laws and opportunities.

If you don't like the world around you, then change it so that you can live your life true to the light radiating from within. You have nothing to do but follow your brilliant star, as the flap of your wings will transform the world you live in. If you wish to see change around you, start by accepting the responsibility and honor reserved only for leaders.

Be wise and humble. Think of all those turning to you for help as your children even if they don't appear to be speaking the same language. It's time to pay it forward. It's time to return the favors you got a few years ago when, as an awakening soul, you were being helped and taught.

LEAVE YOUR FEARS BEHIND

The two-digit number of the year 2016 is the number 18, the symbolic meaning of which is “The Moon”. The Moon is the symbol of the dual nature of your life. You’ll be making a lot of decisions throughout your journey, which all have a potential for personal growth. Right or left? One or the other?

The long and seemingly never-ending series of decisions is about you learning to distinguish between right and wrong. You cannot make good decisions if you’re constantly waiting to get feedback from others. You’ll only fail to take your inner compass into account.

You need to make decisions on your own. You need to develop a confident inner compass that can show you the right way. There is only one right way, and it only belongs to you. If you ask others what you should do, you aren’t testing your inner compass - the only perfect guidance. People can only give you advice based on their own inner compass, which points in a different direction.

YOU NEED TO LEARN TO TRUST YOUR INNER VOICE

The biggest challenge of this year is to trust your feelings, because only they can show you the difference between right and wrong, good and bad. If you recognize, accept, and comprehend the resulting wisdom, you’ll gain access to a tremendous power that will show you the right way throughout your entire life. Imagine how confident you would become if you knew that your life is always heading in the right direction.

You need to learn to pay attention to your feelings. You must make space for your feelings by trusting them unconditionally. You can achieve this by accepting its messages. When your feelings are telling you that something is wrong, it means that the situation is bad and it will take your life in the wrong direction. When your feelings are telling you that something is right, it means that the situation is good and that it'll take your life the right direction. It's really this simple.

YOU NEED TO LEARN TO CHOOSE THE RIGHT OVER THE WRONG

This perhaps sounds way too easy at first, but it's not that obvious, actually. All the unhappiness that exists in your life is there, because you've chose the wrong over the right. All your joys have become part of your life, because you've recognized and accepted them. Every time you recognize and accept what's right, you automatically shut the wrong out of your life. Every time you fail to recognize what's right, you automatically end up choosing the wrong, which leads to unhappiness.

From this moment on, you'll need to learn how to recognize what's right and must consciously choose it over what's wrong. Oftentimes it's a dangerous undertaking, because a given situation might expect you to engage in conflict with the world in order to exercise your will. Each decision you make excludes a series of events from happening in your life. Not everything that sounds good to you is good for everyone else.

If you accept this fact and dare to choose what's best for you, you should be prepared that you'll have some conflicts in life. However, if you stick to your guns and always choose what's right for you, you'll be surrounded by people who agree with your choices. The challenge is huge, but if you stick with what's right for you, soon your life will be filled with wonders you've made happen by making conscious decisions.

RECOGNIZE THE LIGHT RADIATING WITHIN YOU

The single digit number of the year 2016 is the number 9, the symbolic meaning of which is “The Hermit”. The hermit symbolizes the little eternal soul-flame inside you. This flame keeps burning inside you even when find yourself alone. Your journey is oftentimes incredibly lonely. If you understand that you can only make your decisions inside, you’ll also understand that following your path is a bit of a solitary mission. Solitude doesn’t mean that you always have to be alone, though. It only means that you must keep on going forward even if no one else is following you.

When you start making the right decisions consciously, you have to leave behind those that don’t agree with the road you’re taking or are simply not ready to join you. You can’t hold yourself back for no one! You can’t stop on your journey, just to wait for others to become ready to join you. You must learn how to move on, which is one of the biggest challenges you’ll face this year. You’ll have let go of some people so that you can spread your wings and rise from your ground.

IF YOU FEEL UNSURE, JUST ASK THE FLAME

If you’re unsure whether you are headed in the right direction, whether you’re on the right track, don’t try to find the answer in the external world. Turn inward and focus on the flickering flame in the center of your chest. If you ask your questions clearly, the light of the little flame will hear you out. If you feel warmth and urgency, you’ll know that you’re on the right path, so you must stick to your decisions at all costs. If you feel that the light of your little flame is slowly fading, you can be sure that that path isn’t right for you.

Many people will try to push you into the “right” direction. Don’t trust anyone but yourself and the flame flickering inside your heart. This is the only guidance you can rely on. You can’t and shouldn’t have to meet anyone’s expectations, since no one can tell you where to go. You can hear them out of course, but you must make the decision yourself and the only way to do that is to turn inward. Don’t give into the temptation of short-term benefits. Don’t forget about your star that keeps calling you even in this very moment.

THE LIGHT INSIDE YOU IS THE REFLECTION OF THE LIGHT OF YOUR STAR

The light inside you is your fairy godmother, your confidante, and your loyal friend. This light is the reflection of your life-plan. When you find yourself in need of help, just ask your inner light whether the next step you’re about to take serves your life-plan. Your light will know the answer. For a while you might feel that your life is heading in an unfavorable direction when following your heart, but you can be sure that the outcome will prove your inner light right.

The biggest challenge in your life is to sacrifice immediate benefits for the sake of long-term success and happiness. It all may seem painful and senseless at first, but you mustn’t be alarmed. Take baby steps and you’ll find help along the way. Make sure that you accept the conflicts that you encounter, because they’ll take you forward and will liberate you from the weight of forces trying to hold you back.

LEAVE YOUR HEAVY BURDENS BEHIND

Every long journey starts with taking the first step. Every flight starts with the first flap of the wing when your feet leave the ground and you ascend towards your destination. As your energy level increases this year, you'll be soaring higher and higher. You'll leave behind everyone that has been trying to hold you back in your personal growth. It will get easier and easier to recognize what elevates you and what tries to pull you back. You'll feel less guilty for those you leave behind for the benefit of your personal growth.

You'll have to leave those behind that can't soar with you. At first, this will seem horribly difficult, because you've shared many years of happy and sad moments, but you must choose now and you must pick yourself. You shouldn't feel bad; your decision is not egotistical or selfish. Only those that don't want you to develop so exponentially would say the opposite, since they can't keep up with you. They're afraid of the challenges that this task poses. They are afraid of joining you in your ascension. The majority of the people choose convenience and idleness. You know that isn't your path, so you leave those behind who only came to vacation here or are too afraid to take bold steps.

YOUR SPARKLING PERSONALITY WILL SOON SHOW ITSELF

This period is about polishing the diamond that you found on the road to perfection. That dirty piece of rock that seemed worthless at first glance actually hides a sparkling gem inside a fossilized layer of mud. All your past experiences were chiseling this gem until its stunning surface started showing. This is you - an unpolished diamond.

It's time to scrape off the last unnecessary layers and polish the surface to perfection. This year is about recognizing what it is that's holding you back from being able to shine. There are people around you, who still try to overshadow you. There are some prior engagements that you're dragging behind you like pieces of heavy baggage. Ask yourself the following questions:

- Who's holding me back?
- What's holding me back?

MAKE YOUR DECISIONS AND LIBERATE YOURSELF FROM THE FORCES THAT ARE TRYING TO PULL YOU BACK

You know exactly who and what is clinging to you like a barnacle. You can keep on strengthening your wings, trying to fly, but you won't be able to rise unless you let go of these burdens. Soon you'll realize that they're holding on to you way less than you insisting on dragging them along. You have gotten used to their weight and they give you the security you're scared to give up. You're afraid that if you let them go, you'll end up alone on your journey.

At first it might indeed seem like a solitary task to leave behind everything familiar even if deep down inside you know for a fact that you're not staying. And that's exactly why your inner voice needs to be stronger than the voices of the forces trying to hold you back. As you are rising from the ground, you'll see many people soaring with you: new friends, new acquaintances. Although you must make your decisions alone, the journey of your soul isn't a solitary mission. Your helpers are near even if you can't always see them.

FOCUS ON THE TINY LIGHTS

When you decide to leave behind the forces trying to hold you back, you'll take a look around and notice that there are thousands of glowing dots soaring towards the sky alongside side you, following the calling of the star they have chosen. These tiny lights have made the same tough and painful decisions as you. These tiny lights are passionate souls burning with the same inner fire. Souls that have decided to take the risk and are adamant at following the words of their heart.

Although you don't know each other yet, they're still there around you and they perceive you the same way as you perceive them: as a glowing dot. They'll be your brothers or your sisters, your friends on this exciting journey. Keep your eyes on these dots, because some of them have chosen a star close to yours. Therefore, you'll be travelling alongside each other on a significant part of your journey. You can help and support each other along the way. You may form common light-groups, as together you may soar faster and higher than if you had to cover this long journey alone.

RECOGNIZE YOUR LIGHT-BROTHERS AND SISTERS

Although you always have to make your decisions alone, your spiritual soaring is not a solitary journey. All the experiences you gain are worth nothing to you or to the Universe if there's no one to share them with. Your light brothers and sisters are just as sensitive as you are. They protect their fragile wings just as much as you protect yours. If you show them who you really are and make your light visible to them, they'll recognize you and will share all their valuable knowledge and experiences.

Your job is to recognize the light in others, to be open to passing on your experiences and accepting the experiences of others. Teach them with sincerity and be humble when you learn from them, because finally you no longer need to learn from your own mistakes. You can move faster after learning from the experiences others turned into wisdom. The same is true for others: share your wisdom with them and they'll be able to soar faster as well.

EVERY SOARING POINT OF LIGHT HAS A DIFFERENT TASK

You can't walk all the existing paths, but you can benefit from all the existing experiences when you find yourself in need of them. If you find yourself in an unfamiliar situation, just ask whatever questions you might have, and your light-brothers and sisters will give you the answer you're seeking. You can also offer valuable advice to those turning to you for help.

Observe what questions these soaring dots of light have. You'll notice that each of them poses the same question. This question will be the most important task; the question that you can learn the most from; the question that will enable you to give the most to others. On this journey to your star, you'll become wiser and wiser, but focus on only your star. You don't need to do all the tasks of the Universe. Just let the other entities of the Universe fulfill their mission, and turn to them for help if you find yourself in a place where the energy of your own light is not enough.

YOU AREN'T LEAVING YOUR EARTHLY BODY. YOU'RE STEPPING INTO A NEW DIMENSION

Soaring doesn't mean that you must leave behind your earthly body and existence. Soaring means that your soul steps into the next dimension of your personal growth. There has never been a greater need for you to fulfill your mission here on Earth while your soul is soaring like a sparkling dot of light towards the star you have chosen. Although I know that this sounds contradictory at first, still, you must understand how desperately important it is for you to be here and support the ascension of the entire planet with your ever-growing light.

You can already see the light that others don't even know of. Many people have yet to realize the existence of this light. Once they recognize it, they'll feel as if they had just woken up from a nightmare. Your task is to be there when you're needed and to help those who have just discovered the existence of this new world. They'll be scared and confused, so you'll have to hold their hands and assure them that there is no better place they could be.

YOU SEE AND FEEL THINGS THAT OTHERS CAN'T MAKE SENSE OF

Oftentimes people will be deaf to your words, as if they were speaking an entirely different language. This is a natural phenomenon. Be wise and accept that you can't maintain the exact same conversation with everyone.

You'll have to learn to translate what you have to say and keep silent of what you see. If you spoke about everything on your mind, people would think you were crazy, which is only natural. You're witnessing the same phenomenon from two distinctly different dimensions.

Some phenomena are completely invisible in previous dimensions and some seem different from how you perceive them. All this is totally natural. You must accept that no one is at fault for what's happening. In fact, nothing wrong is happening on this journey. This is a natural part of spiritual growth and fulfillment. You're not misleading anyone if you choose your words carefully. Learn to interpret between the two dimensions and understand that the things you're experiencing may seem utterly inconceivable in previous dimensions.

WITH SPIRITUAL GROWTH COMES GREAT RESPONSIBILITY

First, you must learn to accept that everyone walks their own, individual path. Then you must understand that no one makes mistakes; they only gain experiences. The times when you were blaming others for the events of your life are over. You need to accept the fact that the responsibility lies entirely in your hands. You choose how your life progresses and you take the steps.

If you are willing to accept this responsibility, you'll get all the help you need from the Universe so that you can soar higher and higher. You've stepped into a spiritual dimension where you get tremendous liberties at making decisions and taking actions, but at the same time, you're responsible for your deeds. The moment you try to get rid of this responsibility, your energy level will drop drastically and you'll only be able to fix it if you accept your responsibility.

YOU TRANSFORM THE FUTURE AHEAD OF YOU

The higher you soar this year, the farther your future will seem. You'll be able to see this future more clearly the better you perceive the light emanating from you. If you keep your eyes fixed on your star even when everything seems hopeless, you'll reach your goal. There's no one who could tell you what the right way or the redeeming future is. Only you can make that decision. Listen to your feelings and let your desires surface. Your future will evolve accordingly.

The future is still an open and empty book until you start consciously creating images of how you imagine it. Don't expect the Universe to show you your future. The Universe is only an empty canvas that you must paint with your decisions and actions. Nothing is set in stone. You always get to choose. Your only compass is the light radiating from your heart. If you recognize and follow this light, you won't walk astray.

BY LETTING GO OF YOUR PAST, YOU OPEN THE DOOR TO AN ENDLESS FUTURE

The moment the burdens of the past no longer limit you, the star-paths leading to your happy future will open up and you'll get to choose which one to walk. No matter which path you may choose, you will be lead to your star. However, each journey will reward you with different experiences. Whatever you may decide to do about your future, you must keep in mind that by making your decisions you commit yourself to a path, excluding a series of other possibilities.

This is the natural order of the evolution of life. Your decisions define your future and designate your path. Only you can make your decisions and only your heart can show you the right path.

Nothing will restrict you. Regardless of what you choose to do, I am sure you'll commit to a wonderful life. Committing yourself to the words of your heart can never bring you unhappiness. It can only bring you joy and light.

NOW YOU'LL GET THE OPPORTUNITY TO WRITE A NEW LIFE FOR YOURSELF

However your life may have turned out so far, it's all in the past. Your past doesn't affect your future. Only the decisions you're making right now, in this very moment shape your destiny. If you are not satisfied with what you've received from life so far, it's time to write a new life and a new destiny for yourself.

Envision yourself as the screenwriter of the wonderful story that is your life. You can write anything you want, anything you've ever desired. You can write any ending to your story every single day. Why shouldn't your life have a happy ending each and every single day for the rest of your life?

Just take a blank sheet of paper and start writing, drawing or painting the life you want. Your writing, sketch or painting will soon come to life. It will with more force and at a faster pace than you ever thought it would. Don't feel threatened by the changes that will soon surround you. Don't close your eyes and don't brake. Just accept that miracles have started happening in your life.

WHAT DO YOU HAVE TO PAY ATTENTION TO IN 2016?

- ◆ Your Guiding Star always shows you the way
- ◆ Gain strength from your experiences
- ◆ Let go of your fears
- ◆ Listen to your Inner Guidance
- ◆ Leave the burdens of the past behind
- ◆ Recognize the glowing souls similar to yours
- ◆ Stand with two feet on the ground and stabilize your spiritual energies
- ◆ Define the future you want to reach

JANUARY

The Month Of Power

YOU GET A HUGE BOOST TO YOUR START

This special year gives you special powers and confidence to your start. To be able to soar this year, you'll need huge confidence and this month provides you with an endless resources. You can almost feel this extraordinary energy shaking the ground underneath your feet. Unbelievable as it may sound, the power of soaring lies in having a firm connection with the earth that you can always return to; where you'll always be safe and protected and where you can recharge your batteries before facing another challenge.

In order for you to soar, you need strong roots that can help you trust yourself first and foremost. If you feel that the earth underneath your feet isn't stable enough, you won't have the power you need to soar. Before you would jump up the ground, you need to make friends with it first. If the only reason you want to fly is to bid goodbye to the reality around you, then you're on the wrong path. The reason why you must soar is to be able to accomplish your daily tasks at an exceptionally high energy level here and now.

FEEL THE NOURISHING POWER OF MOTHER EARTH

Feel the strong roots growing from your feet, spreading towards the center of the Earth. Feel the elemental force inside you that the pulsating, hot, energetic core in the center of the Earth nourishes inside you. Feel this heat crawling up your legs, permeating your body. Feel this radiating power cover your body, nourishing your wings. Feel life pulsating in your wings as you spread them and feel that you could lift up the whole ground under you with their help.

This connection pervades the whole world around you. Your body was built from material and is nourished by the material world. This is the temple and home of your soul until you accomplish your mission on this planet. In order to do your tasks properly and lead a happy and balanced life, your body needs to be exceptionally strong and healthy and you can only have that if you maintain a good relationship with it.

Before taking off, you need to accept Earth as your home and make peace with your life. You'll only be able to change anything if you make yourself aware of your body. Your soul won't be able to soar if you're weak physically. Feel and accept the power that this moment offers and let it permeate you completely.

GRAB THE FIRST TASK THAT GETS IN YOUR WAY AND TAKE ACTION RIGHT AWAY

The more actively you begin working on your tasks for this year, the more energy you'll have. If you just sit around idly, the tremendous power you get to accomplish your goals will devour you. Whatever goals you may have set last year, you can no longer keep putting off realizing them. I'm sure you have thousands of tasks towering over you, so grab the most challenging and daunting one and utilize your awakening power to defeat it as fast as possible with as much energy as you can muster.

Observe yourself and you'll realize that the braver you are, the more energy you get and the less you have to worry about anything getting in your way. Although you're the one that throws obstacles in your way, there's no hurdle that you couldn't jump through. You'll get the power you need to succeed. Before you'd fall into despair over the tasks ahead, focus on the energy of the earth streaming into your body through your feet. This energy is unstoppable and will sweep any obstacle out of your way.

NOW YOU CAN SEE THE ROAD AHEAD OF YOU CLEARLY

You've always wanted to see if you were walking the right path, to know that you won't get lost in the labyrinth that awaits you. In this moment, if you look deep down inside, you'll notice a bright light that will make it clear where you should go. The most important thing is to experience this light and clarity not only on the inside, but to bring them out into the tangible world. Just write down, sketch an image or paint a picture of what you see inside.

Try to recall your dreams and the desires and hopes flickering in them. Make sure you to take these images and feelings seriously. Consider them as guidelines that lead you to the future you desire. The only way they can help is if you make time for them and take them into consideration. If you just shrug them off they won't be able to illuminate your life. Grab these inner images and feelings with both hands and bring them into the tangible reality. Just like when you turn the clean cover inside out, before you would put it on the duvet.

YOU NEED TO BRING THE THINGS THAT APPEAR ON THE INSIDE INTO THE TANGIBLE WORLD

Use your awakening power to bring these inner images and feelings to the highest temperature. You mustn't say no to them, because every time you deny yourself, you lock a door that could lead you to a higher reality. Every time you give the green light to the images and feelings appearing inside you, you open the door wide and say yes to soaring.

The more you say yes, the more you'll feel the workings of the extraordinary energies surging in you. Day by day you'll become more conscious of the energy radiating from you, which will help you create your reality.

When a feeling or an inner image appears within you, you must take it just as seriously as if someone you love appeared beside you, asking for help. You'd never say no to someone you love, would you? Then why would you say no to yourself? Every feeling or image that appears inside you is a message from your Inner Guidance, your higher consciousness, to show you the way to your next step. If you ignore these messages, you'll miss out on the only thing that can really provide you with guidance.

DON'T LISTEN TO ANYONE BUT YOURSELF

It's incredibly tempting to expect other people to answer your questions and to get guidance from the external world. The sooner you make friends with the idea that guidance can only come from within, the sooner you'll find your own way. There is only one piece of wisdom that you must consider every time and it calls you to take responsibility for your life by following your own inner images and feelings.

Whatever books you may read, whatever lectures you may be sitting in on, always ask yourself: does this call upon me to take responsibility or does it relieve me of it? Never take a piece of advice that is trying to free you from all the responsibilities rooting in your free will. You have control over your life. It's called free will. *You* have chosen this life and your circumstances by your own free will and *you* have the right to change them if you feel that they no longer serve your benefit.

PREPARE TO SHAPE YOUR REALITY YOURSELF

The single digit number of the month of January is the number 1, the symbolic meaning of which is “The Magician”. The creative energy of the magician that lives inside you is at your disposal with magnified power. Being in the possession of this power, you know, feel and experience that you shape the world you live in through your everyday actions. You shape your reality, the life you’re currently leading, by the decisions you make on a daily basis. As a result of your decisions, you’ve done certain things but avoided others. Your current view on life is the consequence of the decisions you’ve made.

The creative power of the magician is not a circus act, but a series of conscious decisions made to achieve your goals. This means that if you know what you want to achieve in life, you choose the path that leads towards it and walk it consciously. The same is true in the other direction. In order to achieve your goals, you make a conscious decision when you say *no* to things that don’t lead you towards accomplishing your goals. Magical power means that you always keep your goal in mind and thus you always know when to say *yes* and when to say *no*.

PRACTICING YOUR FREE WILL IS CREATIVE POWER

Shaping your life consciously requires making a series of tough choices. To walk a path, you must - at least for a certain amount of time - give up on the possibility of walking other paths that would take you in completely different directions. Your creative power will get stronger the better you become at focusing the forces released inside you on reaching a specific goal. Zoning in on one thing might sound limiting at first, but when you experience the release of energy, you’ll realize that committing yourself to and focusing on one goal gives you the greatest freedom.

The two biggest limitations that come with your physical existence are the limitations in time and space. Your time is finite on Earth; therefore you need to learn how to manage it efficiently. You can't be present in more than one place at once. You can only perform one task at a time. When you understand and accept these two laws, you'll suddenly realize that the greatest challenge of your life, liberating your creative power and experiencing it, comes down to the ability of making decisions. You need to say yes to things that lead to your dreams and no to things that would lead elsewhere.

NOW YOU'LL GET THE CLARITY YOU NEED TO MAKE TOUGH DECISIONS

This month you'll be able to see the road ahead of you with such clarity that you'll know exactly what decisions to make to achieve the goals you set for this year. You've come to this planet with a specific life-plan. The only way to realize it is if your life happens according to plan. If you have no well-defined goals, you shouldn't be surprised when you feel lost. Only goals can provide you with a watercourse where you can navigate the events of your life.

If you know where you want to go, it doesn't matter how far and unattainable your goal seems; you'll know what to do to achieve it. You'll need to have courage and confidence to be brave enough to choose yourself and take actions that benefit you. The only way you can give love to others and do good is if you love yourself and do something good for yourself every single day; if you accept your feelings and dare to rely on them when making decisions.

LET LIGHT ILLUMINATE YOUR LIFE

The two-digit number of the month of January is the number 19, the symbolic meaning of which is “The Sun”. The sun will illuminate the road ahead of you this month and will shed light on the opportunities and challenges that await you. This energy will help you prepare for this wonderful year so that you can sweep aside any concerns of yours. Your thoughts and feelings project the long journey ahead of you. It'd be a great idea to make a note of your thoughts, feelings and experiences, because they could serve as guidance in the upcoming year, especially in moments when you lose faith and worry about your future.

The challenges and hardships of the upcoming year won't seem so daunting if you pay attention now and make a note of all your observations. You're the most important guide and the master of your life. Think of this period as a time you get to prepare, as if you were sending yourself a message from the future. You'll receive the message at the right time and it will help you get through any hardships or challenges. You'll be able to head out on this journey expecting challenges, so when you actually come to face them, they will no longer seem so daunting.

RECHARGE YOUR BATTERIES WITH THE LIGHT AND ENERGY YOU'RE RECEIVING

Enjoy this moment, because this is one of the most energetic periods of your year. Now you can recharge your batteries, which will provide you with enough energy for the entire year. Make time to relax and contemplate, because only then will you be able to recognize all the good things life is rewarding you with.

You've come a long way and there are still a plethora of challenges to overcome. If you miss out on this moment, you'll have to wait long for the next energetic period to arrive in your life.

Accept that you deserve love, attention and care. All you have to do is just ask and you'll get all three of them, but perhaps you'll have to create the conditions for your downtime. Allow yourself to be happy and joyful. Reward yourself for being so persistent. Don't wait on others to recognize your accomplishments, recognize them yourself! Learn to make yourself happy and to accept and enjoy this happiness. Life isn't only hard work. At the end of tough times, you need to reward yourself with a little downtime so that you can dive into conquering your next challenge with renewed vigor.

NOW YOU CAN FEEL COMPLETE AGAIN

Now you can see what it's like to be at the height of the battle. Oftentimes you feel that your daily tasks are trying to pull you in different directions and you don't really know who you are anymore. The energies of the month of January allow your torn pieces to come together and unite so that you can become more than the sum of your parts. You're experiencing a new, unfamiliar power within you that makes you incredibly confident.

Enjoy this moment and experience the wholesomeness that you're feeling. Take this power with you and call upon its assistance any time in the year ahead. Spend as much time in Nature as you can. Close your eyes and breathe in some fresh air. Feel the radiating power and harmony of the trees, plants and the earth. Breathe in the power that will help you understand the ancient wisdom of Nature, which teaches you to be humble towards life and yourself.

WHAT DO YOU NEED TO PAY ATTENTION TO IN JANUARY?

- ◆ Strengthen your confidence
- ◆ Always take decisive actions
- ◆ Practice your free will and be confident when making decisions
- ◆ Trust your clear-sightedness
- ◆ Make space for the dreams within you
- ◆ Don't listen to anyone but yourself
- ◆ Accept the intensive energy arriving this month
- ◆ Feel the energy pulsating within